



Sacred Heart of Jesus

Heart: “The heart represents the seat of the affections and sentiments. the Sacred Scriptures reveal the infinite love of God who created us in His image - capable of love. Jesus confirmed this principal Commandment of God: Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength (Mk 12:30)” (www.piercedhearts.org).

Jesus holding His Heart in His hands: By extending His Heart to us, Jesus is offering us His love, but He does not force us to accept. “Behold the Heart which loves so much, yet is so little loved” (Jesus to St. Margaret Mary Alacoque).

Wound and Precious Blood: After Jesus died on the Cross, “one soldier thrust his lance into his side, and immediately blood and water flowed out” (Jn 19:34). Through the piercing of Christ’s Heart, Christ gave life to the Church. The water represents the grace of purification and freedom from sin through baptism. Through His Precious Blood we receive in the Eucharist, we are given life, strength in holiness and virtue, and the promise of eternal life. Christ’s Heart was pierced for us to come close to Him. “Enter into the Pierced Heart of Jesus. To enter means to draw near, to draw closer to His Heart... to allow ourselves to touch and be touched by the mystery of His Love. The one who draws near, the one who enters, participates more closely of the effects of His love” (Mother Adela Galindo, Foundress SCTJM).

Cross: This represents Christ’s Crucifixion for us. It was this sacrifice, freely done in love and obedience to the Father, that saved each one of us and all humanity. Love requires sacrifice and “love that cannot suffer is not worthy of the name” (St. Clare of Assisi).

Flame: The flame represents how Christ’s Heart burns with love for us. It is also a purifying fire that can transform our hearts and burn away any sin.

Crown of Thorns: This reminds of us Christ’s Passion and His humility in receiving such a crown. Although Jesus is King of Heaven and Earth and worthy of a kingly crown, He lowered Himself and humbly accepted the mistreatment and thorns out of love for us. May our love for God and others console the Heart of Jesus and remove many of these thorns from His crown. “Love can only be consoled with love” (Mother Adela Galindo, Foundress SCTJM).

